

## CBC DOCUMENTARY

# Allergies are definitely not to be snuffled at

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ON TV

You may ask: Why in tarnation are you touting a dinky little CBC documentary that has as much chance of stealing viewers away from the mighty mini-series, *The Thorn Birds*, as a belch in a windstorm?

And we would answer: Because *The Twentieth Century Disease* probably has far more relevance to your lives than the romantic goings-on of Colleen McCullough's characters in the Australian Outback.

So along about 10 p.m. Sunday night (Ch. 5), a few of you might just pass on Richard Chamberlain's forbidden lusting over the lovely Rachel Ward and switch to Ch. 5 where you can find out a little more about the real world we live in and the many diseases which afflict us. *The Thorn Birds*, which will do just fine in the ratings over its four-night run, can do without you for an hour.

The timely documentary, which should be seen by anyone who wants to share responsibility for his/her own health and well-being, presents persuasive evidence that human beings are virtually at war with 20th Century technology, physically and mentally depleted by foods and materials we are surrounded by in our daily lives.

One of the key elements of the film is an on-going disagreement between orthodox allergists and a growing number of environmental medicine specialists as to what constitutes an allergic reaction and how best to deal with various chronic ailments. Several people, including parents of mysteriously ailing children, describe the confusion of conflicting opinion they had to wade through to find relief or cure.

Anybody who suffers from allergies of any kind is aware of their annoyance and how they can disrupt everyday living. But, as this film shows, there are many cases where these allergies go beyond annoyances and result in

debilitating ailments and, in some cases, death. There are ways and means of identifying what makes you sick and how best to avoid it.

Give it a shot. Richard and Rachel will still be around Monday.

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What's a hunk Brooklyn-born Irish kid like Eddie Rabbitt doing humming his tender lyrics in down-home Ft. Worth, Texas? Well, paying back an old debt, says the Rabbitt.

The country-pop superstar, whose special airs tonight on Ch. 4 at 10 and includes the talents of Anne Murray, Donna Summer and Lesley Ann Warren, says the Lone Star State holds a special place in his heart.

"I'm not from Texas and I'm sorry about that, but I feel at home here. I've never said this before, but I'll say it now. When I put my first record out, nobody in this country was playing it except the great state of Texas."

Just thought you'd wanna know.

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Attention Bob Newhart fans: Good one coming up.

The April 3 edition of the new *Newhart* has lovable Ruth Gordon starring as Kirk Devane's outspoken granny, an ex-con from Montana, who pays her grandson a surprise visit. The only problem is Grandma Blanche's visit comes on the day Kirk is bowled over when Leslie Vanderkellen agrees to a dinner date. Kirk, of course, has no choice but to have Granny accompany them, after putting the touch on Dick to help meet expenses.

If you're not a *Newhart* regular, you won't know what in blazes we're talking about. But then, if you don't watch *Newhart*, you deserve to be in the dark. So there.