



CANADIAN MENTAL HEALTH ASSOCIATION  
L'ASSOCIATION CANADIENNE POUR LA SANTE MENTALE

Ottawa-Carleton Branch/Section d'Ottawa-Carleton

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Ont 416-964-9611

May 23, 1990

Mr. Ed Pennington  
General Director  
National Office  
Canadian Mental Health  
Association  
2160 Yonge Street 416 484 7750  
TORONTO, Ontario  
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fax 484 4617

Dear Mr. Pennington,

On Friday, April 6th, 1990, the Public Education Coordinator of the Ottawa-Carleton Branch of the Canadian Mental Health Association attended a one-day workshop on environmental hypersensitivity, sponsored by the Ottawa-Carleton Regional District Health Council and the Allergy and Environment Health Association.

This comprehensive workshop addressed the nature and extent of environmental hypersensitivity and discussed possible preventive and remedial measures including treatment.

The correlation between allergies and psychological states was clearly identified. Because of involvement of the central nervous system, a call for better understanding of environmental sensitivities by psychiatrists in the treatment of psychiatric diagnosis was made.

Our Branch recognizes this issue and supports the concerns expressed.

Given the size of staff and heavy workload at the Ottawa-Carleton Branch our visible support of these concerns will take the form of referrals to established support groups and services. We also commit to staying abreast of new and relevant information in the area of environmental sensitivities and psychological conditions.

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We commend the efforts of the District Health Council and A.E.H.A. and in particular Mr. Chris Brown for their efforts and commitment to this growing problem.

Yours sincerely,



Carol Armstrong  
President

CA:dl  
c.c.: Howard Richardson  
Chris Brown